Neighborhood House Community Center
29 S. Mills St, Madison, WI 53715
608-255-5337

55+ Fitness Instructor

Neighborhood House Community Center – Madison’s first and oldest community center – is looking for a special person to join our team. We provide programs and services for families, youth, older adults and people with disabilities. We also work with dozens of community groups who host their own programs here.

Responsibilities & Duties

- Safely lead energizing, fun, effective, and educational fitness class for adults aged 55 and up
- Plan all classes and workouts
- Provide appropriate accommodations for older adults
- Assist with attendance and record keeping
- Communicate with staff
- Be prompt and reliable

Qualifications & Skills

The ideal candidate enjoys and thrives in collaborating on a small team in an informal setting and has experience in leading fitness or recreation classes or personal training. The position requires teaching a smaller group of older adults two times a week in strength and cardio exercises.

Experience

- Experience teaching group fitness classes (required)
- Education background/or experience in fitness or fitness-related field (preferred)
- Certified personal trainer (preferred)

Hours & Compensation

- 2 - 3 hours per week
- Working hours can vary, typically classes take place in the mornings
- Hourly: $17 - $20/hr